

## **Influence of stress, depression and anxiety on sexual dysfunction.**

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### **SUMMARY**

**INTRODUCTION:** Sexuality is a psychological construction of the personality resulting from the interaction of organic, factors, congenital characteristics, environmental circumstances and social phenomena, in which the individual develops himself. That is why it has to be dealt with through a multidisciplinary, systemic and holistic approach. This paper was made at Centro Plenus in Uruguay, where there is a multidisciplinary group that gives attention to all those patients that think they have some type of sexual dysfunction..

**OBJETIVES:** To determine the influence of stress, depression and anxiety on sexual dysfunction.

**METHODS:** Of the studied cases, 100 predominantly psychogenic subjects with sexual dysfunction were selected. DASS score was used to determine level of stress, depression and anxiety.

**RESULTS:** There was a relationship between bad sexual performance with high levels of stress, medium levels of depression and anxiety. Among the results, it was observed more stress in man with high educational level, work with people above, erectile dysfunction for more than 3 month. In women, the high stress was observed when they had teenager sons, low sexual desire for more than 3 month, bad relations with their partner for being unable to respond to the partner's sexual demand.

**Key words:** Sexuality, psychogenic sexual dysfunction, stress.